

Abdominal Pain While Coughing

== Positioning and environment == 91dd991462

Abdominal exercise This is useful for improving performance with certain sports, back pain, and for Abdominal exercises are strength exercise affecting the abdominal muscles (colloquially known as the stomach muscles or "abs"). The human abdominal muscular set consists of four: the rectus abdominis, internal oblique, external oblique, and transversus abdominis. During the execution of abdominal training, understanding the functions, effects, and variations in exercise, along with considering the suitability, and safety in relation to current physical condition is crucial, as overtraining can lead to severe injury. injury. Abdominal exercises are useful for building abdominal muscles 91dd991462

As pain in the groin and pelvis... 91dd991462

Abdomen These terms stem from "hypo" meaning "below" and "epi" means "above", while "chondron" An abdomen (also belly or stomach in vertebrates, or metasoma in arthropods) is the front part of the torso between the thorax (chest) and pelvis in humans and in other vertebrates. an abdominal pain. In arthropods, it is the posterior tagma of the body; it follows the thorax or cephalothorax. The area occupied by the abdomen is called the abdominal cavity. The abdomen can also be divided into nine regions 91dd991462

It has been highly disputed whether or not abdominal exercises have any reducing effect on abdominal fat. The aforementioned 2011 study found that abdominal exercise does not reduce abdominal fat; to achieve that, a deficit in energy expenditure and caloric intake must be created—abdominal exercises alone are not enough to reduce abdominal... 91dd991462 Management of chest pain is based on the underlying cause. Initial treatment often includes the medications aspirin and nitroglycerin. The response to... 91dd991462 Serious and relatively common causes include acute coronary syndrome such as a heart attack (31%), pulmonary embolism (2%), pneumothorax, pericarditis (4%), aortic dissection (1%) and esophageal rupture. Other common causes include gastroesophageal reflux disease (30%), muscle or skeletal pain (28%), pneumonia (2%), shingles (0.5%), pleuritis, traumatic and anxiety disorders. Determining the cause of chest pain is based on a person's medical history, a physical exam and other medical tests. About 3% of heart attacks, however, are initially missed. 91dd991462

Peritonitis , coughing (forced cough may Peritonitis is inflammation of the localized or generalized peritoneum, the lining of the inner wall of the abdomen and covering of the abdominal organs. acute abdominal pain, abdominal tenderness, abdominal guarding, rigidity, which are exacerbated by moving the peritoneum, e. g. Complications may include shock and acute respiratory distress syndrome. Symptoms may include severe pain, swelling of the abdomen, fever, or weight loss. One part or the entire abdomen may be tender 91dd991462

Treatment often includes antibiotics, intravenous fluids, pain medication, and surgery. Other measures may include a nasogastric tube or blood transfusion. Without treatment death may occur within a few days. About 20% of people with cirrhosis who are hospitalized have peritonitis. 91dd991462

Umbilical hernia It may cause the navel to bulge outwards—the bulge consisting of abdominal fat from the greater omentum or occasionally parts of the small intestine. Treatment is surgical An umbilical hernia is a health condition where the abdominal wall behind the navel is damaged. The bulge can often be pressed back through the hole in the abdominal wall, and may "pop out" when coughing or otherwise acting to increase intra-abdominal pressure. Treatment is surgical, and surgery may be performed for cosmetic as well as health-related reasons. back through the hole in the abdominal wall, and may "pop out" when coughing or otherwise acting to increase intra-abdominal pressure 91dd991462

Abdominal examination sign – pain when tensing the abdominal wall muscles Patafió's sign – pain when the patient is asked to cough whilst tensing the psoas muscle Cough test An abdominal examination is a portion of the physical examination which a physician or nurse uses to clinically observe the abdomen of a patient for signs of disease. The abdominal examination is conventionally split into four different stages: first, inspection of the patient and the visible characteristics of their abdomen. In a complete physical examination, the abdominal exam classically follows the respiratory examination and cardiovascular examination. Finally, percussion (tapping) of the patient's abdomen and abdominal organs. Auscultation (listening) of the abdomen with a stethoscope. Palpation of the patient's abdomen. An abdominal examination may be performed because the physician suspects a disease of the organs inside the abdominal cavity (including the liver, spleen, large or small intestines), or simply as a part of a complete physical examination for other conditions. Depending on the need to test for specific diseases such as ascites, special tests may be performed as a part of the physical examination 91dd991462

Inguinal hernia The main concern is strangulation, where the blood supply to part of the intestine is blocked. Inguinal hernias occur more often on the right than the left side. Symptoms, which may include pain or discomfort, especially with or following coughing, exercise An inguinal hernia or groin hernia is a hernia (protrusion) of abdominal cavity contents through the inguinal canal. This usually produces severe pain and tenderness in the area. (protrusion) of abdominal cavity contents through the inguinal canal. Symptoms, which may include pain or discomfort, especially with or following coughing, exercise, or bowel movements, are absent in about a third of patients. Symptoms often get worse throughout the day and improve when lying down. A bulging area may occur that becomes larger when bearing down 91dd991462

== Signs and symptoms == 91dd991462 == Presentation == 91dd991462

Chest pain It may be described as sharp, dull, pressure, heaviness or squeezing. Associated symptoms may include pain in the shoulder, arm, upper abdomen, or jaw, along with nausea, sweating, or shortness of breath. It can be divided into heart-related and non-heart-related pain. Tracheitis: Chest pain is pain or discomfort in the chest, typically the front of the chest. chronic cough, fever, night sweats, weight loss, and pleuritic chest pain if the pleura is involved, often worsening with deep breaths or coughing. Those with diabetes or the elderly may have less clear symptoms. Pain due to insufficient blood flow to the heart is also called angina pectoris 91dd991462

Various types of hernias can occur, most commonly involving the abdomen, and specifically the groin. Groin hernias are most commonly inguinal hernias but may also be femoral hernias. Other types of hernias include hiatus, incisional, and umbilical hernias. Symptoms are present in about 66% of people with groin hernias. This may include pain or discomfort in the lower abdomen, especially with coughing, exercise, or urinating or defecating. Often, it gets worse throughout the day and improves when lying down. A bulge may appear at the site of hernia, that becomes larger when bending down. 91dd991462 Appendicitis is primarily caused by a blockage of the hollow portion in the appendix. This blockage typically results from a faecolith, a calcified "stone" made of feces. Some studies show a correlation between appendicoliths and disease severity. Other factors such as inflamed lymphoid tissue from a viral infection, intestinal parasites, gallstone, or tumors may also lead to this blockage. When the appendix becomes blocked, it experiences increased pressure, reduced blood flow, and bacterial growth, resulting in inflammation. This combination of factors causes tissue injury and, ultimately, tissue death. If this process is left untreated, it can lead to the appendix rupturing, which releases bacteria into the abdominal cavity, potentially leading to severe complications. 91dd991462 It is a symptom characterised by chronic groin pain in athletes and a dilated superficial ring of the inguinal canal. 91dd991462 Abdominal exercises are useful for building abdominal muscles. This is useful for improving performance with certain sports, back pain, and for withstanding abdominal impacts (e.g., taking punches). According to a 2011 study, abdominal muscle exercises are known to increase the strength and endurance of the abdominal muscles. 91dd991462 Following sporting activity the person with athletic pubalgia will be stiff and sore. The day after a match, getting out of bed or a car will be difficult. Any exertion that increases intra-abdominal pressure, such as coughing, sneezing, or sporting activity can cause pain. In the early stages, the person may be able to continue playing their sport, but the problem usually gets progressively worse. 91dd991462 Babies are prone to this malformation because of the process during fetal development by which the abdominal organs form outside the abdominal... 91dd991462 Symptoms include pain during sports movements, particularly hip extension, and twisting and turning. This pain usually radiates to the adductor muscle region and even the testicles, although it is often difficult for the patient to pinpoint the exact location. 91dd991462 Groin hernias occur more often on the right than left side. The main concern is bowel strangulation, where the blood supply to part of the bowel is blocked. This usually produces severe pain and tenderness... 91dd991462 Causes include perforation of the intestinal tract, pancreatitis, pelvic inflammatory disease, stomach ulcer, cirrhosis, a ruptured appendix or even a perforated gallbladder. Risk factors include ascites (the abnormal build-up of fluid in the abdomen) and peritoneal dialysis. Diagnosis is generally based on examination, blood tests, and medical imaging. 91dd991462 In vertebrates, the abdomen is a large body cavity enclosed by the abdominal muscles, at the front and to the sides, and by part of the vertebral column at the back. Lower ribs can also enclose ventral and lateral walls. The abdominal cavity is continuous with, and above, the pelvic cavity. It is attached to the thoracic cavity by the diaphragm. Structures such as the aorta, inferior vena... 91dd991462

Athletic pubalgia In the early stages, the person Athletic pubalgia is a medical symptom describing pain in the pubic area, occurring with conditions such as sports hernia, inguinal disruption, pubic overload, PLAC injury, core injury, hockey hernia, hockey groin, or groin disruption, and nerve entrapment syndromes. Any exertion that increases intra-abdominal pressure, such as coughing, sneezing, or sporting activity can cause pain. These conditions occur most in professional athletes, in sports such as football, ice hockey and rugby 91dd991462

In humans, the abdomen stretches from the thorax at the thoracic diaphragm to the pelvis at the pelvic brim. The pelvic brim stretches from the lumbosacral joint (the intervertebral disc between L5 and S1) to the pubic symphysis and is the edge of the pelvic inlet. The space above this inlet and under the thoracic diaphragm is termed the abdominal cavity. The boundary of the abdominal cavity is the abdominal wall in the front and the peritoneal surface at the rear. 91dd991462 == Signs and symptoms == 91dd991462

Appendicitis Symptoms commonly include right lower abdominal pain, nausea, vomiting, fever and decreased appetite. However, approximately Appendicitis is inflammation of the appendix. Severe complications of a ruptured appendix include widespread, painful inflammation of the inner lining of the abdominal wall and sepsis. However, approximately 40% of people do not have these typical symptoms. Symptoms commonly include right lower abdominal pain, nausea, vomiting, fever and decreased appetite. inflammation of the appendix 91dd991462

A hernia is present at the site of the umbilicus (commonly called a navel or belly button) in newborns; although sometimes quite large, these hernias tend to resolve without any treatment by around the age of 2–3 years. Obstruction and strangulation of the hernia is rare because the underlying defect in the abdominal wall is larger than in an inguinal hernia of the newborn. The size of the base of the herniated tissue is inversely correlated with risk of strangulation (i.e., a narrow base is more likely to strangulate). 91dd991462 == Effects == 91dd991462 Risk factors for the development of a hernia include: smoking, chronic obstructive pulmonary disease, obesity, pregnancy, peritoneal dialysis, collagen vascular disease, and previous open appendectomy, among others. Predisposition to hernias is genetic and they occur more often in certain families. Deleterious mutations causing predisposition to hernias seem to have dominant inheritance (especially for men). It is unclear if inguinal hernias are associated with heavy lifting. Hernias can often be diagnosed based on signs and symptoms. Occasionally, medical imaging... 91dd991462

Hernia : hernias or herniae, from Latin, meaning 'rupture') is the abnormal exit of tissue or an organ, such as the bowel, through the wall of the cavity in which it normally resides. Often A hernia (pl. This may include pain or discomfort in the lower abdomen, especially with coughing, exercise, or urinating or defecating. The term is also used for the normal development of the intestinal tract, referring to the retraction of the intestine from the extra-embryonal navel coelom into the abdomen in the healthy embryo at about 7 1/2 weeks. people with groin hernias 91dd991462

The diagnosis of appendicitis is largely based on the person... 91dd991462

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