

Average 40 Yard Dash Time

== Early life == d818841c05 Tex Schramm, the president and general manager of the Dallas Cowboys from 1960 to 1989, proposed to the NFL competition committee a centralization of the evaluation process for NFL teams. Prior to 1982, teams had to schedule individual visits... d818841c05 As a rookie, he was Buffalo's second-leading ground gainer and a leading special teams player every year. Mueller averaged 3.8 yards per attempt and 15.8 yards per game. His longest career run was 20 yards. With 4.2 attempts per game, Mueller also tacked up 28 receptions for 169 yards and a touchdown in his career, with a 6.0 yard per reception average. His longest career reception was of 30 yards. d818841c05 == History == d818841c05

Trindon Holliday He played college football for the LSU Tigers and was selected by the Houston Texans in the sixth round of the 2010 NFL draft. At the combine, reports of Holliday's 40-yard dash time ranged from between 4 Trindon Jerard Holliday (born April 27, 1986) is an American former professional football player who was a wide receiver and return specialist in the National Football League (NFL). and the fastest 100 m dash time of any football player in NCAA history d818841c05

Athletes attend by invitation only. An athlete's performance during the combine can affect their draft status and salary, and ultimately their career. The draft has popularized the term "workout warrior", whereby an athlete's "draft stock" is increased based on superior measurable qualities such as size, speed, and strength, despite having an average or sub-par college career. d818841c05 Lockett led the nation in punt return average for the 2000 NCAA Division I-A football season and was a second-team All-American. As of December 2011, he held the Big 12 Conference records for single-season punt return average (22.8) and longest pass reception (97 yards) as well as Kansas State Wildcats records for Freshman receiving yards and the longest play from scrimmage. He was a four-time All-Big 12 selection and formerly held Kansas State records for career all-purpose yards and consecutive 100-yard receiving games. d818841c05 McCalebb grew up in Fort Meade, Florida, raised primarily by his grandmother and father. d818841c05 == Early life == d818841c05

Dwight Stone (American football) He was timed at sub 4. Former Steelers coach Chuck Noll said that Stone had "Beep Beep" speed and was "the fastest player I've ever coached over 40 yards. He played college football at both Middle Tennessee State University and Marion Military Institute as a running back and averaged 7 yards per rush and scored over 40 touchdowns in his college career. 20 in the 40-yard dash and did 28 reps on the bench press (225 lbs. Former Steelers Dwight Stone (born January 28, 1964) is an American former professional football player who was a running back, wide receiver, and kick returner in the National Football League (NFL), playing 14 years for the Pittsburgh Steelers, Carolina Panthers, and New York Jets. In 1999, Stone was selected as the winner of the New York Jets' Marty Lyons Award for Community Service, given to the player who best gives from. Stone originally signed with Pittsburgh as an undrafted free agent in 1987 and was the only undrafted free agent to make the opening day roster. He played high school football at Floral High School.). kick returner for eight years with the Steelers. " Stone was selected to the All-Undrafted Steelers Team in May 2021.). 20 in the 40-yard dash and did 28 reps on the bench press (225 lbs. He was an outstanding special teams gunner and kick returner for eight years with the Steelers. He was timed at sub 4 d818841c05

== Career == The origin of timing football players for 40 yards comes from the average distance of a punt and the time it takes to reach that distance. Punts average around 40 yards in distance from the line of scrimmage, and the hangtime (time of flight) averages approximately 4.5 seconds; therefore, if a player can run 40 yards in 4.5 seconds, he will be able to leave the line of scrimmage when a punt is kicked, and reach the point where the ball comes down just as it arrives. As a track and field athlete, he is a former Oklahoma Secondary School Activities Association (OSSAA) champion... == Early life ==

40-yard dash It is primarily run to evaluate the speed and acceleration of American football players by scouts The 40-yard dash is a sprint covering 40 yards (36. The 40-yard dash is a sprint covering 40 yards (36. The 40-yard dash is not a currently-run race in track and field athletics, and is not a World Athletics-recognized race. This was traditionally only true for the skill positions such as running back, wide receiver, and defensive back, although now a fast 40-yard dash time is considered important for almost every position. 576 m). A football player's recorded time can have a heavy impact on his prospects in college or professional football. It is primarily run to evaluate the speed and acceleration of American football players by scouts, particularly for the NFL draft but also for collegiate recruiting. 576 m)

Mel Gray (wide receiver) Louis Cardinals of the National Football League (NFL) from 1971 to 1982. He attended college at the University of Missouri. Conference sprint champion, winning the indoor 60-yard dash (1970), and the 100- and 220-yard dashes outdoors in 1969 and 1970. He is the co-holder of Melvin Dean Gray (born September 29, 1948) is an American former professional football player who was a wide receiver for the St

Mueller played college football at Benedictine College in Atchison, Kansas where he was a two-time NAIA All-American. He rushed for 4,038 yards, gained 4,221 total offensive yards, and scored 29 touchdowns in his four seasons. == Timing method and track comparisons == Gray attended Montgomery High School in Santa Rosa, California, the football standout was also a track and field star. While winning the 100-yard dash at the 1967 CIF California State Meet, Gray set not only the meet record but the National High School record of 9.4 in the event at the time. His meet record lasted until 1979. McCalebb attended Fort Meade High School in Fort Meade, Florida, where he played football, basketball, and ran track. As a senior in 2007, McCalebb rushed for 1,995 yards and 27 touchdowns, while adding 11 receptions for 300 yards through the air. He also returned two kickoffs for touchdowns. In addition to being a volatile rusher and kick return, McCalebb was an All-State punter, averaging 45.3 net punting average. In terms of judging a person... == Professional career == Holliday went both ways at Northeast High School, in Pride, Louisiana. Because of his short stature, Holliday did not start on the football team until his junior year. In his first season starting, he rushed for 1,870 yards and scored 26 touchdowns. In his senior year, Holliday put up even better statistics by rushing for 2,210 yards, scoring 34 touchdowns, and averaging 27.6 yards per punt return. Mueller was a third round draft pick by the Buffalo Bills in the 1987 NFL Draft. He played in 57 career games for Buffalo, with 38 starts. He had 238 rushes, accumulating 901 yards and 4 rushing touchdowns and 1 receiving TD. He started as fullback in Super Bowl XXV vs. the NY Giants. Holliday was also a track runner in high school. In 2005, Holliday posted the nation's fastest indoor time in the 55 and 60-meter dashes. He led his team into the 2A state title by winning the 100 meters and 200 meters and was second in the long jump. Holliday was a four-time state... == Early life ==

Trung Canidate He played college football for the Arizona Wildcats and was selected by the Rams in the first round of the 2000 NFL draft with the 31st overall pick. The St. Louis Rams. 25 seconds in the 40-yard dash, more than. 15 faster than his combine time. overall pick. At the combine, Canidate did Trung Jered Canidate (born March 3, 1977) is an American former professional football player who was a running back in the National Football League (NFL), primarily with the St. Louis Rams timed Canidate at

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Jamie Mueller 865 lbs. 700 lb squat 700 lb deadlift 465 lb bench He ran 4. 4-second 40-yard dash at 220 lbs. Mueller was a leading blocker or runner in most critical Jamie F. Mueller (born October 4, 1964) is an American former professional football player who was a running back for the Buffalo Bills of the National Football League (NFL) from 1987 to 1991 d818841c05

Jerome Mathis He was selected by the Houston Texans in the fourth round of the 2005 NFL draft. He also played in the Canadian Football League (NFL) and Arena Football League (AFL). 26 seconds) ever at the NFL Combine, which was broken by Chris Jerome Alvon Mathis (born July 26, 1983) is an American former professional football player who was a wide receiver and kick returner in the National Football League (NFL). He earned a Pro Bowl selection and was an All-Pro with the Texans in 2005. returns for a touchdown with six. Mathis recorded the fourth fastest 40-yard dash time (4 d818841c05

Aaron Lockett (gridiron football) He played college football at Kansas State University where he set school and Big 12 Conference football and track and field records. Lockett has one of the fastest 40-yard dash times at Aaron DaRon Lockett (born September 6, 1978) is an American former professional football player who was a wide receiver and return specialist in the National Football League (NFL) for the Tampa Bay Buccaneers, San Francisco 49ers, and the Canadian Football League (CFL) for the Ottawa Renegades and BC Lions. His brother Kevin Lockett and nephew Tyler Lockett also played wide receiver at Kansas State where they also set records. Lockett's time of 21. 48 seconds in 2000 was second in school history in the 200 metres at the time d818841c05

In track & field, McCalebb competed as a sprinter. At the 2008 1A Region 3 Meet, he earned a first-place finish in the 100-meter dash, recording a personal-best time of 10.90 seconds. He won the 200-meter dash at the 2008... d818841c05

NFL Scouting Combine With increasing interest in the NFL draft, the scouting combine has grown in scope and significance, allowing personnel directors to evaluate upcoming prospects in a standardized setting. evaluations include: 40-yard dash Bench press of 225 pounds (102 kg) Vertical jump Broad jump 20-yard shuttle 3 cone drill 60-yard shuttle Position-specific The NFL Scouting Combine is a week-long showcase occurring every February at Lucas Oil Stadium (and formerly at the RCA Dome until 2008) in Indianapolis, where college football players perform physical and mental tests in front of National Football League coaches, general managers, and scouts. Its origins stem from the National, BLESTO, and Quadra Scouting organizations in 1977 d818841c05

Mathis attended Petersburg High School in Petersburg, where he was an all-state, all-district and all-metro wide receiver and kick returner. d818841c05 One of his biggest plays came with Mueller catching last-minute touchdown Vs. the... d818841c05 At 5'5", Holliday is one of the shortest players in NFL history. He was also a member of the Denver Broncos, New York Giants, Tampa Bay Buccaneers, San Francisco 49ers, and Oakland Raiders. d818841c05

Onterio McCalebb 34 seconds, the fastest by a running back Onterio McCalebb (born August 10, 1989) is an American former professional football player who was a wide receiver for the Cincinnati Bengals of the National Football League (NFL). attention with an impressive performance in the 40-yard dash at the 2013 NFL Combine, recording

an official time of 4. McCalebb garnered much attention with an impressive performance in the 40-yard dash at the 2013 NFL Combine, recording an official time of 4. He played college football for the Auburn Tigers, winning a national championship in 2010. 34 seconds, the fastest by a running back d818841c05

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