

Headache Back Of Head And Neck

Triggers of cluster headaches may include alcohol, nitroglycerin, and histamine; a history of exposure to tobacco smoke (whether personal or secondhand smoke) is a significant risk factor. The underlying cause is unknown, but may include a genetic component, as a family history of migraines increases risk. Structurally, the disease is likely related to dysfunction of the posterior hypothalamus. fa7980021c == Differential diagnosis == fa7980021c Neck pain may come from any of the structures in the neck including: vascular, nerve, airway, digestive, and musculature / skeletal, or be referred from other... fa7980021c The type of torticollis can be described depending on the positions of the head and neck. fa7980021c == Anatomy == fa7980021c

Tension headache Tension-type headaches account Tension headache, stress headache, or tension-type headache (TTH) is the most common type of primary headache. Tension-type headaches account for nearly 90% of all headaches. lower back of the head, the neck, the eyes, or other muscle groups in the body typically affecting both sides of the head. The pain usually radiates from the lower back of the head, the neck, the eyes, or other muscle groups in the body typically affecting both sides of the head fa7980021c

The muscle extends vertically superior-ward from its inferior attachment to its superior attachment. The muscle becomes broader superiorly. fa7980021c

Human back It is the surface of the body opposite from the chest and the abdomen. back, also called the dorsum (pl. : dorsa), is the large posterior area of the human body, rising from the top of the buttocks to the back of the neck. The vertebral column runs the length of the back and creates a central area of recession. : dorsa), is the large posterior area of the human body, rising from the top of the buttocks to the back of the neck The human back, also called the dorsum (pl. The breadth of the back is created by the shoulders at the top and the pelvis at the bottom fa7980021c

== Signs and... == fa7980021c The rectus capitis posterior minor muscle is one of the suboccipital muscles. fa7980021c Pain medications, such as paracetamol and ibuprofen, are effective for the treatment of tension headache. Tricyclic antidepressants appear to be useful for prevention. Evidence is poor for SSRIs, propranolol and muscle relaxants. fa7980021c Treatment of a headache depends on the underlying cause, but for mild to moderate headaches, pain relievers are often used. A headache is one of the most commonly experienced of all physical discomforts. fa7980021c Indications are that the prevalence of upper back and neck pain has increased dramatically in the decade leading up to 2016. This increase has been attributed to the corresponding widespread adoption of laptop computers, tablets, smartphones and other small portable digital devices. fa7980021c The central feature of the human back is the vertebral column, specifically the length from the top of the thoracic vertebrae to the bottom of the lumbar vertebrae, which houses the spinal cord in its spinal canal, and which generally has some curvature that gives shape to the back. The ribcage extends from the spine at the top of the back (with the top of the ribcage corresponding to the T1 vertebra), more than halfway down the length of the back, leaving an area with less protection between the bottom of the ribcage and the hips. The width of the back at the top is defined by the scapula, the broad, flat bones of the shoulders. fa7980021c Having both forward head posture and rounded shoulders is known as upper crossed syndrome. fa7980021c ♦♦2... fa7980021c Using a pencil-point needle rather than a cutting spinal needle decreases the risk of developing PDPH. Smaller needle gauges decrease the odds of PDPH, but make it more challenging to perform the procedure successfully. The needle with the lowest PDPH rate and highest succession rate is the... fa7980021c The diagnosis is... fa7980021c Hunching increases the effective load on the neck up to several times more than does erect posture... fa7980021c About half of adults have a headache in a given year. Tension headaches are the most common, affecting 24.9% of the population followed by migraine headaches which affect 14.1%. fa7980021c

Cluster headache Episodes are often accompanied by eye watering, nasal congestion, drooping eyelids, or swelling around the eye on the affected side. Cluster headache is a neurological disorder characterized by episodes of severe headaches on one side of the head, typically around the eye and temple Cluster headache is a neurological disorder characterized by episodes of severe headaches on one side of the head, typically around the eye and temple, lasting between 15 minutes to three hours. The disease is considered among the most painful conditions known to medical science. Between cluster periods are pain-free intervals without headaches, which last a little less than one year, but some patients can have chronic cluster headaches without remission periods. Cluster headaches are unique in their periodicity and regularity: the headaches occur at around the same hour every day during a cluster period, which typically lasts 8–10 weeks a year fa7980021c

The 2016 Global Burden of Disease study revealed that TTHs affect about 1.89 billion people and are more common in women than men (30.8% to 21.4% respectively). TTH was most prevalent between ages 35 and 39. Despite its benign character, tension-type headache, especially in its chronic form, can impart significant disability on patients as well as burden on society at large. In

2016, the global burden of TTH was reported to be 7.2 million years of life lived with disability (YLDs). The YLD was calculated using TTH prevalence and average time spent with TTH multiplied by percentage health loss caused by TTH (3.7%). fa7980021c PDPH is a common side effect of lumbar puncture and spinal anesthesia. Leakage of cerebrospinal fluid causes reduced fluid pressure in the brain and spinal cord. Onset occurs within two days in 66% of cases and three days in 90%. It occurs so rarely immediately after puncture that other possible causes should be investigated when it does. fa7980021c == Signs and symptoms == fa7980021c The most common case has no obvious cause, and the pain and difficulty in turning the head usually goes away after a few days, even without treatment in adults. fa7980021c The head is supported by the lower neck and upper back, and it is these areas that commonly cause neck pain. If this support system is affected adversely, then the muscles in the area will tighten, leading to neck pain. fa7980021c Nightly rotator cuff impingement may lead to an asymptomatic shoulder impingement, leading to neck pain. Neck pain can be caused by other spinal problems, and may arise from muscular tightness in both the neck and upper back, or pinching of the nerves emanating from the cervical vertebrae. fa7980021c Because their screens do not separate from their keyboards these small devices cannot be set up ergonomically correctly (unless an extra screen or extra keyboard is added). They are unlike personal desk top computers (PCs) in this respect. Most commonly, the user hunches to operate them, often for many hours a day. fa7980021c As of 2020, neck pain affected about 203 million people globally, with females having higher prevalence. fa7980021c == Structure == fa7980021c Torticollis is a fixed or dynamic tilt, rotation, with flexion or extension of the head and/or neck. fa7980021c

Torticollis The term torticollis is derived from Latin tortus 'twisted' and collum 'neck'. chest retrocollis: hyperextension of head and neck backward bringing the back of the head towards the back A combination of these movements may often be observed Torticollis, also known as wry neck, is an extremely painful, dystonic condition defined by an abnormal, asymmetrical head or neck position, which may be due to a variety of causes fa7980021c

Post-dural-puncture headache "searing and spreading like hot metal", involving the back and front of the head and spreading to the neck and shoulders, sometimes involving neck stiffness Post-dural-puncture headache (PDPH) is a complication of puncture of the dura mater (one of the membranes around the brain and spinal cord). It is exacerbated by movement and sitting or standing and is relieved to some degree by lying down. Nausea, vomiting, pain in arms and legs, hearing loss, tinnitus, vertigo, dizziness and paraesthesia of the scalp are also common. The headache is severe and described as "searing and spreading like hot metal", involving the back and front of the head and spreading to the neck and shoulders, sometimes involving neck stiffness fa7980021c

Forward head posture It is one of the most common postural issues. It is clinically recognized as a form of repetitive strain injury. There is a correlation between forward head posture and neck pain in adults, but not adolescents. Local pain, cervicogenic headache and referred pain Forward head posture (FHP) is an excessively kyphotic (hunched) thoracic spine. effective load on the neck up to several times more than does erect posture, due to increasing moment arm. The posture can occur in dentists, surgeons, and hairdressers, or people who spend time on electronic devices fa7980021c

Back pain is a common medical condition, generally benign in origin. fa7980021c

Rectus capitis posterior minor muscle The muscle is innervated by the suboccipital nerve (the posterior ramus of first cervical spinal nerve). It is one of the suboccipital muscles. It is one of the suboccipital muscles. The muscle acts as a weak extensor of the head. Its inferior attachment is at the posterior arch of atlas; its superior The rectus capitis posterior minor (or rectus capitis posticus minor) is a muscle in the upper back part of the neck. Its inferior attachment is at the posterior arch of atlas; its superior attachment is onto the occipital bone at and below the inferior nuchal line. muscle in the upper back part of the neck fa7980021c

== Overview == fa7980021c Unlike a broken bone where trauma to the body is obvious, head trauma can sometimes be conspicuous or inconspicuous. In the case of an open head injury, the skull is cracked and broken by an object that makes contact with the brain. This leads... fa7980021c Because there is not a universally accepted classification for neck pain, it is difficult to study the different types of pain. In 2020, neck pain was the second most common cause of disability in the United States and cost \$100 billion in health care spending. fa7980021c The number of new cases is 1.7 million in the United States each year, with about 3% of these incidents leading to death. Adults have head injuries more frequently than any age group resulting from falls, motor vehicle crashes, colliding or being struck by an object, or assaults. Children, however, may experience head injuries from accidental falls or intentional causes (such as being struck or shaken) leading to hospitalization. Acquired brain injury (ABI) is a term used to differentiate brain injuries occurring after birth from injury, from a genetic disorder, or from a congenital disorder. fa7980021c

Head injury The terms traumatic brain injury and head injury are often used interchangeably in the medical literature. Because head injuries cover such a broad scope of injuries, there are many causes—including accidents, falls, physical assault, or traffic accidents—that can cause head injuries. While these symptoms happen immediately after a head injury A head injury is any injury that results in trauma to the skull or brain. severe headache, have mismatched pupil sizes, and/or be unable to move certain parts of the body fa7980021c

Neck pain If this support system Neck pain, also known as cervicalgia, is a common problem, with two-thirds of the population having neck pain at some point in their lives. the cervical vertebrae. The head is supported by the lower neck and upper back, and it is these areas that commonly cause neck pain fa7980021c

Headaches can occur as a result of many conditions. There are a number of different classification systems for headaches. The most well-recognized is that of the International Headache Society, which classifies it into more than 150 types of primary and secondary headaches. Causes of headaches may include dehydration; fatigue; sleep deprivation; stress; the effects of medications (overuse) and recreational drugs, including withdrawal; viral infections; loud noises; head injury; rapid ingestion of a very cold food or beverage; and dental or sinus issues (such as sinusitis). fa7980021c

Headache It can occur as a migraine, tension-type headache, or cluster headache. It can occur as a migraine, tension-type headache, or cluster A headache, also known as cephalalgia, is the symptom of pain in the face, head, or neck. There is an increased risk of depression in those with severe headaches. A headache, also known as cephalalgia, is the symptom of pain in the face, head, or neck fa7980021c

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