

Are Plums Good For You

Stephanie Plum appears in the four holiday novellas: Visions of Sugar Plums, Plum Lovin’;, Plum Lucky, and Plum Spooky, as well as in Hardcore Twenty-Four. She is described by the author as "incredibly average and yet heroic if necessary". Originally Stephanie Plum is a fictional character and the protagonist in a series of novels written by Janet Evanovich. She is a spunky combination of Nancy Drew and Dirty Harry, and—although a female bounty hunter—is the opposite of Domino Harvey

The Bristol-based composer, conductor and organist Arthur Warrell (1883–1939) is responsible for the popularity of the carol. Warrell, a lecturer at the University of Bristol from 1909, arranged the tune for his own University of Bristol Madrigal Singers as an elaborate four-part arrangement, which he performed with them in concert on December 6, 1935. His composition was published by Oxford University Press the same year under the title "A Merry Christmas: West Country traditional song". The menu for Henry IV of England's 1403 wedding feast included sugar plums, which were probably fruit preserves or suckets. Plum cakes made with fresh plums came with other migrants elsewhere, in which plum cake is prepared using plum as a primary ingredient. In some versions, the plums may become jam-like inside the cake after cooking, or the cake may be prepared using plum jam. Plum cake prepared with plums is also a part of Ashkenazi Jewish cuisine, and is referred to as Pflaumenkuchen...

Plum cake The English variety of plum cake also exists on the European mainland, but may vary in ingredients and consistency. There is a wide range of popular plum cakes and puddings. Since the meaning of the word "plum" has changed over time, many items referred to as plum cakes and popular in England since at least the eighteenth century have now become known as fruitcake. versions, the plums may become jam-like inside the cake after cooking, or the cake may be prepared using plum jam. In America's Thirteen Colonies, where it became associated with elections, one version came to be called election cake. British colonists and missionaries brought the dried fruit variety of cake with them, for example, in British India where it was served around the time of the Christmas holiday season. Plum cake prepared with plums is also a Plum cake refers to a wide range of cakes usually made with dried fruits such as currants, raisins, sultanas, or prunes, and also sometimes with fresh fruits

The term sugar plum came into general usage in the 17th century. During that time, adding layers of sweet which give sugar plums and comfits their hard shell was done through... The word slivovitz derives from Proto-Slavic *sliva 'plum' (Bulgarian: слива, Czech: švestka or slíva, Polish: śliwka, Serbo-Croatian: šljiva/шљива, or Slovak: slivka) with the diminutive suffix *-ica (/--itsa/; -ice in Czech). Distilled spirits from different fruits are named similarly. For example, Czech meruňka 'apricot' → meruňkovice 'apricot spirit'; broskev 'peach' → broskvovice 'peach spirit... As of 2021, Stephanie has appeared in 28 full-length novels, four holiday novellas, and a short story in a compilation of various authors' works. The first book, One for the Money, was adapted as a 2012 film starring Katherine Heigl as Stephanie. == Birth and early years ==

Sugar plum The plum in the name of these confections does not always mean Sugar plums are a type of dragée or other hard candy made into small round or oval shapes. Sugar plums are a type of dragée or other hard candy made into small round or oval shapes. The plum in the name of these confections does not always mean plum in the sense of the fruit, but rather their small size and spherical or oval shape. These candies were comfits, and often surrounded a seed, nut, or spice. Traditional sugar plums often contained no fruit, instead being made mostly of pure sugar

Plum is the daughter of Katie and Jim Plum. Her mother was an accomplished volleyball... Plummer's 21 months among the Comanche as a prisoner became widely known when she wrote a book about her captivity, Rachael Plummer's Narrative of Twenty One Months' Servitude as a Prisoner Among the Commanchee Indians, which was issued in Houston in 1838. This was the first narrative about a captive of Texas Indians published in the Republic of Texas, and it became an international sensation. After Plummer's death, her father published a revised edition of her book in 1844 as an appendix to his Narrative of the Perilous Adventures, Miraculous Escapes and Sufferings of Rev. James W. Parker. Her book is considered an invaluable look at Comanche culture before environmental destruction, disease, starvation, and war forced them onto reservations. == Early life == Etymology == The tree is quite hardy and grows strongly but is not very large. The bloom is medium-early and self-fertile. The plant itself is rarely attacked by diseases, but the fruit is vulnerable to mold. Fruits must be thinned heavily for the fruits to reach full development. The trees rarely get old due to their high fruit production. == Character history == It was introduced commercially in Sweden in 1844 by a nursery owner, Denyer, under the name of Denyer's Victoria. This strain quickly became very popular... Plummer made his film debut in Stage Struck (1958), and landed his first starring role that same year in Wind Across the Everglades. He became a household name with his role as Captain Georg von Trapp in the... The fruit is oval or ovate in shape. The ground colour is greenish yellow, mostly covered with purple. The stone is semi-clinging and does not come off completely from the flesh but the skin is easy to pull off. The flesh is quite rough, light yellow and in good development and full maturity is sweet. Maturation time is mid-to-late September (in some places). It is a good table and household fruit. == Early life == A cookbook from 1609, Delights for Ladies, describes boiling fruits with sugar as "the most kindly way to preserve plums." The term sugar plum was applied to a wide variety of candied fruits, nuts, and roots by the 16th century. In this period, sugar plums were often made from unripe fruits, often still with their stones, as ripe fruits were more difficult to candy; the name sugar plum may have referred to pieces of wire inserted into the fruit for decoration and ease of handling.

We Wish You a Merry Christmas After they are allowed in and perform "We Wish You a Merry Christmas" is an English Christmas carol, listed as numbers 230 and 9681 in the Roud Folk Song Index. The famous version of the carol is from the English West Country. were able: I wish you a merry Christmas And a happy New Year, A pantryful of good roast-beef, And barrels full of beer

Thelma Amelina Plumbe was born on 21 December 1994 in Brisbane. She is a Gamilaraay woman from Delungra, New South Wales. Plum graduated from the Music Industry College, Brisbane and spent most of her early life in that city. Many traditional versions of the song have been recorded, some of which replace the last line with "Good tidings for Christmas and a happy new year". In 1971, Roy Palmer recorded George Dunn of Quarry Bank, Staffordshire singing a version close to the famous one... Evanovich claims the inspiration for Stephanie's character came after watching Midnight Run starring Charles Grodin and Robert De Niro, adding, "If

Mickey Spillane wrote Archie and Veronica, Stephanie would be Betty." As the series has progressed, Stephanie has become more stable and responsible, and a better bounty hunter. "But truthfully," Evanovich says, "Stephanie has stayed the same more than she's changed." 680c4a8be6

Victoria plum intermedia). Dickinson, D; Gawler, Joy H (November 1956). "The chemical constituents of Victoria plums: Chrysanthemin The Victoria plum is a type of English plum. It has a yellow flesh with a red or mottled skin. The Plums of New York. This plum is a cultivar of the egg plum group (Prunus domestica ssp. B. Albany, New York: J. Lyon Co 680c4a8be6

Plum has received various accolades, including for Best Cover Art at the 2019 ARIA Music Awards for Dennis Pfitzner's artwork. 680c4a8be6 == History == 680c4a8be6 == Popular version == 680c4a8be6

Rachel Plummer You are directed by the Great Spirit. An Anglo-Texan woman, she was kidnapped at the age of seventeen, along with her son, James Pratt Plummer, age two, and her cousins, by a Comanche raiding party. Parker and the cousin of Quanah Parker, the last free-roaming chief of the Comanches. of the Chiefs of the band she was with told her: You are brave to fight. Indians do not have Rachel Parker Plummer (March 22, 1819 – March 19, 1839) was the daughter of James W. Good to fallen enemy 680c4a8be6

Thelma Plum on the ARIA Albums Chart. Her debut album, Better in Blak, was released on 30 July 2019 and peaked at number 4 on the ARIA Albums Chart. Plum has received various accolades, including for Best Cover Art at the 2019 ARIA Music Awards for Dennis Pfitzner's artwork Thelma Amelina Plumbe (born 21 December 1994), known professionally as Thelma Plum, is an Aboriginal Australian (Gamilaraay) singer, songwriter, guitarist and musician from Delungra, New South Wales 680c4a8be6

Evanovich admits that Stephanie Plum's character is inspired by her own, in both history and "similar embarrassing experiences". Evanovich says, "I wouldn't go so far as to say Stephanie is... 680c4a8be6

Slivovitz In the Balkans, slivovitz is considered a kind of rakia. In Hungary it is considered a kind of pálinka, but in Romania and Moldova it is considered pălincă, similar to țuică. Primary producers include Bosnia and Herzegovina, Bulgaria, Croatia, the Czech Republic, Greece, Hungary, North Macedonia, Poland, Romania, Serbia, Slovakia, Slovenia, and Ukraine. In the Czech Republic, Slovakia, Galicia, and Carpathian-Ruthenia it is considered pálenka. UNESCO put it in a UNESCO Intangible Cultural Heritage Lists in 2022 on request of the country of geographic origin Serbia. Slivovitz is produced in Central and Southeastern Slivovitz is a fruit spirit (or fruit brandy) made from damson plums, often referred to as plum spirit (or plum brandy). Slivovitz is produced in Central and Southeastern Europe, both commercially and privately. a fruit spirit (or fruit brandy) made from damson plums, often referred to as plum spirit (or plum brandy) 680c4a8be6

Christopher Plummer His career spanned seven decades, gaining him recognition for his performances in film, stage, and television. He also received a BAFTA Award, a Golden Globe Award and Screen Actors Guild Award, as well as a nomination for a Grammy Award. His career spanned seven decades, gaining him recognition for his performances Arthur Christopher Orme Plummer (December 13, 1929 – February 5, 2021) was a Canadian actor. Christopher Orme Plummer (December 13, 1929 – February 5, 2021) was a Canadian actor. His accolades included an Academy Award, two Tony Awards and two Primetime Emmy Awards, making him the only Canadian recipient of the "Triple Crown of Acting" 680c4a8be6

The name "Victoria" comes from Queen Victoria (1819–1901). A story that the variety was first discovered in a garden in Alderton, Suffolk. 680c4a8be6 Born in Poway, California, Plum attended La Jolla Country Day School, where she was named a McDonald's All-American. She played college basketball at Washington, where she left as the NCAA Division I women's all-time leading scorer. In her senior season, Plum was named national player of the year and set the Division I single-season scoring record. She was selected first overall in the 2017 WNBA draft by the San Antonio Stars, who relocated in 2018 to become the Las Vegas Aces. With the Aces, she won back-to-back WNBA championships in 2022 and 2023 and earned her first All-WNBA First Team selection in 2022. 680c4a8be6 Warrell's arrangement is notable for using "I" instead of "we" in the words; the first line is "I wish you a Merry Christmas". It was subsequently republished in the collection Carols for Choirs (1961), and remains widely performed. 680c4a8be6

Kelsey Plum Kelsey Christine Plum (born August 24, 1994) is an American professional basketball player for the Phoenix Mercury of the Women's National Basketball Kelsey Christine Plum (born August 24, 1994) is an American professional basketball player for the Phoenix Mercury of the Women's National Basketball Association (WNBA) and for the Phantom of Unrivaled. Plum won gold medals with the United States in 3x3 basketball in 2020 and in 5x5 basketball in 2024. She is also the founder of the Dawg Class basketball camp. Nicknamed "Plum Dawg", she is a five-time WNBA All-Star and was named the WNBA All-Star Game Most Valuable Player (MVP) in 2022 680c4a8be6

Plummer began his acting career in Ottawa and followed this with stage roles in Canada, the U.S. and Bermuda. He made his Broadway debut in the 1954 play The Starcross Story. He received two Tony Awards, one for Best Actor in a Musical playing Cyrano de Bergerac in Cyrano (1974) and the other for Best Actor in a Play portraying John Barrymore in Barrymore (1997). His other Tony-nominated roles include J.B. (1959), Othello (1982), No Man's Land (1994), King Lear (2004) and Inherit the Wind (2007). 680c4a8be6

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