

First Aid Kit Band

Emmylou (song) "Emmylou" is a single by the Swedish folk band First Aid Kit from their second studio album *The Lion's Roar*. Written by sisters Klara Söderberg and Johanna

== Early history ==
First Aid Kit (band), a Swedish folk band active since 2007
The album was announced on 22 June 2022 alongside the release of "Angel". Of the song, the band told NME "it feels special to release a song after such a long hiatus. Today we're so thrilled to finally share our new track 'Angel' - a hopeful tune for these crazy times about accepting other people even if you don't always see eye to eye. It's also about being kinder to yourself," they added. "We wanted it to feel really big, but vulnerable at the same time, something you can cry to and dance to as well."

First aid kit Kits are assembled for a wide range of settings, and their contents vary according to anticipated risks, the training level of users, local regulations, and applicable standards. A first-aid kit, or medkit and med kit, is a collection of supplies and equipment used to provide immediate medical care, known as first aid, for minor A first-aid kit, or medkit and med kit, is a collection of supplies and equipment used to provide immediate medical care, known as first aid, for minor injuries and emergencies until professional treatment becomes available. 1-2021 standard in the United States or DIN 13164:2022 for motor vehicle kits in Germany. Personal or household kits usually contain only a limited range of basic supplies, while in many countries employers are legally required to maintain workplace kits that conform to national specifications, such as the ANSI/ISEA Z308

First aid equipment is generally identified by the ISO 7010 "first aid" symbol (a white cross on a green background), while the red cross emblem is legally protected under the Geneva Conventions and reserved for humanitarian and military medical services. Proper maintenance of a kit involves regular inspection and the replacement of used or expired items.
First Aid Kit (album), a 2005 release by Disco Ensemble
There are many situations that may require first aid, and many countries have legislation, regulation, or guidance, which specifies a minimum level of first aid provision in certain circumstances. This can include specific training or equipment to be available in the workplace (such as an automated external defibrillator), the provision of specialist first aid cover at public gatherings, or mandatory first aid training within schools. Generally, five steps are associated with first aid:
== Use in media ==
Move to a safe surrounding (if...
"My Silver Lining" was used in the "lightsuit" segment of the short ski film *Afterglow*, the soundtrack of *Wanted* (2016 Australian TV series) season 3 episode 5, as the end credits theme in the fifth and final episode of the Telltale Games series *Tales from the Borderlands*, in the fifth episode of the third season of *The Umbrella Academy*, and as the ending music for the final episode of *Bad Sisters* (TV series).
== Background ==

Stay Gold (First Aid Kit album) The album was produced by Mike Mogis, who worked on the band's previous *Stay Gold* is the third studio album by Swedish indie folk duo First Aid Kit,

released on 6 June 2014 in mainland Europe and on 13 June elsewhere. duo First Aid Kit, released on 6 June 2014 in mainland Europe and on 13 June elsewhere. The album was produced by Mike Mogis, who worked on the band's previous album, *The Lion's Roar* b350a07b39

First Aid Kit (band) First Aid Kit started to become internationally known in 2008 with their YouTube uploaded cover of the Fleet Foxes' song "Tiger Mountain Peasant Song". First Aid Kit has released five albums, four EPs and several singles. When performing live, they First Aid Kit is a Swedish folk duo consisting of the sisters Johanna and Klara Söderberg, born in 1990 and 1993 respectively. They were nominated again in 2019 and 2023. In 2015, they were nominated for a Brit Award as one of the five best international groups. In 2012 Rolling Stone magazine had their song "Emmylou" as 10th on their "Single of the Year" list. First Aid Kit is a Swedish folk duo consisting of the sisters Johanna and Klara Söderberg, born in 1990 and 1993 respectively. When performing live, they are accompanied by a drummer, a guitarist and a keyboard player b350a07b39

A second single from the album, "Out of My Head", was released on 12 August 2022. Speaking about the song, First Aid Kit stated "we wrote this song last year together with songwriter and producer Björn Yttling. It was the first time we wrote for First Aid Kit with someone else... b350a07b39 Sisters Johanna (born 31 October 1990) and Klara (born 8 January 1993) Söderberg are from Enskede, in Stockholm. Their father Benkt Söderberg was a member of the Swedish pop rock band Lolita Pop, but quit before Johanna was born and became a teacher of history and religion. Their mother teaches cinematography. b350a07b39 First aid kit may also refer to: b350a07b39 After First Aid Kit broke through internationally with their cover of the song "Tiger Mountain Peasant Song" by Fleet Foxes in 2008 the duo released three albums in six years. In an interview Klara Söderberg said: "We started touring in 2009, and between playing and recording, we never had a break. By 2015, I was kind of spent. I had a hard time expressing, let alone understanding how exhausted I was until I couldn't do it anymore." Her sister Johanna has had a similar experience and said in the same interview: "It just came to us in different ways, having breakdowns, crying on stage, feeling it was too much ... We decided together we needed a break, and it was really hard for me to do that. I got restless and struggled with the down time, but we both needed that space. We didn't speak for months. We had to have a divorce before we could write music... b350a07b39

First aid kit (disambiguation) Ensemble First Aid Kit (band), a Swedish folk band active since 2007 This disambiguation page lists articles associated with the title First aid kit. If an A first aid kit is a collection of medical supplies and equipment, often portable b350a07b39

This song has also been used for three TV adverts in the UK; American Express, Mercedes Benz and Renault. b350a07b39 According to an interview with Sveriges Television, the album revolves more about their own life than their previous ones. "That one has to learn appreciate what is and that all flows, that nothing stays". Stay Gold introduced new elements to First Aid Kit's music, such as a 16-piece orchestra, arranged and orchestrated by Nathaniel Walcott. Their previous albums had been produced in such a way that would allow the band to perform with three people on stage; however, these limitations have been lifted to give the band a bigger, more fulfilling sound. b350a07b39 The title of the album is a reference to the poem *Nothing Gold Can Stay* by Robert Frost. The title track echoes several lines from the poem. b350a07b39

First aid Mental health first aid is an extension of the concept of first aid to cover mental health, while psychological first aid is used as early treatment of people who are at risk for developing PTSD. Conflict first aid, focused on preservation and recovery of an individual's social or relationship well-being, is being piloted in Canada. on the topic of: First Aid Wikivoyage has a travel guide for First aid kit for travellers. First Aid Guide at the Mayo Clinic First aid from the British First aid is the first and immediate assistance given to any person with a medical emergency, with care provided to preserve life, prevent the condition from worsening, or to promote recovery until medical services arrive. First aid is generally performed by someone with basic medical or first response training b350a07b39

Palomino (First Aid Kit album) It is their first release since 2021's live album *Who by Fire* and their first studio project since *Ruins* in 2018. The album was released on 4 November 2022 via Columbia Records and was promoted by an extensive tour of the UK, Europe and North America. Deluxe edition with 5 additional tracks was released on 7 July 2023. It is their first release since 2021's live album *Who by Fire* and their first studio project since *Ruins* in Palomino is the fifth studio album by Swedish country folk duo First Aid Kit. by Swedish country folk duo First Aid Kit b350a07b39

The contents of a first-aid box vary depending on its intended use, local medical practices, and regulatory requirements... b350a07b39 == Critical reception == b350a07b39

The Lion's Roar (album) It was produced by Mike Mogis and features contributions from Bright Eyes's;. The Lion's Roar is the second studio album by Swedish folk duo First Aid Kit b350a07b39

== Background == b350a07b39 From childhood, Klara and Johanna were eager singers, giving concerts using a jump rope as a pretend microphone. Klara's favorite songs were Judy Garland's songs from *The Wizard of Oz* and Billie... b350a07b39

My Silver Lining (First Aid Kit song) "My Silver Lining" is a song recorded by Swedish folk band First Aid Kit for their third studio album *Stay Gold*. One of the duo's most popular songs, "My Silver Lining" is often performed during the encore of their concerts. Written by Klara and Johanna Söderberg and produced by Mike Mogis, the song was released as the first single from the album. Written by Klara and Johanna Söderberg "My Silver Lining" is a song recorded by Swedish folk band First Aid Kit for their third studio album *Stay Gold* b350a07b39

Ruins (First Aid Kit album) The album was released on 19 January 2018. E. The lead single "It's a Shame" was released on 28 September 2017. 's *Ruins* is the fourth studio album by Swedish folk duo First Aid Kit. M. *Ruins* is the fourth studio album by Swedish folk duo First Aid Kit. M. 's Peter Buck, Wilco's Glenn Kotche and Midlake's McKenzie Smith. The album was produced by Tucker Martine and features contributions from R. E. The album was produced by Tucker Martine and features contributions from R b350a07b39

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