

Exercising With A Cough

Croup It often starts or is worse at night and normally lasts one to two days. These symptoms may be mild, moderate, or severe. Fever Croup (KROOP; from southeastern Scots, prob. Fever and runny nose may also be present. The infection leads to swelling inside the trachea, which interferes with normal breathing and produces the classic symptoms of "barking/brassy" cough, inspiratory stridor, and a hoarse voice. echoic), also known as croupy cough, is a type of respiratory infection that is usually caused by a virus. trachea, which interferes with normal breathing and produces the classic symptoms of "barking/brassy" cough, inspiratory stridor, and a hoarse voice eee2249baa

Suppression clotting Cough medicine, which may contain a cough suppressant, a medicinal drug used in an attempt to treat coughing Expressive suppression, a psychological Suppression may refer to: eee2249baa

== Epidemiology == eee2249baa Viral and bacterial causes of canine cough are spread through airborne droplets produced by sneezing and coughing. These agents also spread through contact with contaminated surfaces. Symptoms begin after a several-day incubation period post-exposure, and in most cases will clear up on their own. However, in young puppies or immunocompromised animals, mixed or secondary infections can progress to lower respiratory infections such as pneumonia. eee2249baa

Upper respiratory tract infection URTIs commonly present with a constellation of symptoms, including cough, sore throat, runny nose, nasal congestion, headache. the larynx and vocal cords eee2249baa

== Symptoms == eee2249baa Suppression of Communism Act eee2249baa

Common cold Symptoms The common cold, or simply a cold, is a viral infectious disease of the upper respiratory tract that primarily affects the respiratory mucosa of the nose, throat, sinuses, and larynx. Signs and symptoms may appear in as little as two days after exposure to the virus. Occasionally, those with other health problems may develop pneumonia. People usually recover in seven to ten days, but some symptoms may last up to three weeks. bacterial. A cold usually begins with fatigue, a feeling of being chilled, sneezing, and a headache, followed in a couple of days by a runny nose and cough. These may include coughing, sore throat, runny nose, sneezing, headache, fatigue, and fever. When general symptoms are systemic and the disease is severe, the term "flu-like" or "influenza-like illness" can be used instead eee2249baa

Treatment should target the cause; for example, smoking cessation or discontinuing... eee2249baa India is a leading global drug producer, but the quality of some locally marketed medicines has been questioned after previous tragedies. In 2022–2023, dozens of children in Uzbekistan, the Gambia and Cameroon died after taking Indian-made syrups contaminated with ethylene glycol or diethylene glycol. For example, 18 children in Uzbekistan died after ingesting Dok-1 Max, and WHO later found toxic glycols in syrups from India’s Marion Biotech. Similarly, a WHO... eee2249baa The incubation... eee2249baa == Background == eee2249baa Many cases of croup are preventable by immunization for influenza and diphtheria. Most cases of croup are mild and the patient can be treated at home with supportive care. Croup is usually treated with a single dose of steroids by mouth. In more severe cases inhaled epinephrine may also be used. Hospitalization... eee2249baa While the potential triggering events for EIB... eee2249baa Croup can be caused by a number of viruses including parainfluenza and influenza virus. Rarely is it due to a bacterial infection. Croup is typically diagnosed based on signs and symptoms after potentially more severe causes, such as epiglottitis or an airway foreign body, have been ruled out. Further investigations, such as blood tests, X-rays and cultures, are usually not needed. eee2249baa Tohunga Suppression Act 1907, an Act of the Parliament of New Zealand aimed to replace tohunga as traditional Māori healers with "modern" medicine eee2249baa

2025 India cough syrup crisis The World Health Organization also issued global alerts about the contaminated syrups. In late 2025, India experienced a deadly outbreak of cough syrup poisoning that primarily struck children in the central state of Madhya Pradesh and the In late 2025, India experienced a deadly outbreak of cough syrup poisoning that primarily struck children in the central state of Madhya Pradesh and the neighbouring state of Rajasthan. Investigations showed that at least one of the implicated syrups, Coldrif, produced by Sresan Pharmaceuticals, contained extremely high levels of the industrial solvent diethylene glycol (DEG). Dozens of young children fell ill and many died after taking locally sold cough medicines. Another incident in Rajasthan involved a government-distributed cough syrup containing the active ingredient dextromethorphan hydrobromide made by Kayson Pharma eee2249baa

EIPH often occurs in horses that race at high speeds, with the number of affected race horses increasing in proportion to the speed and intensity of the exercise. It may occur in racing Thoroughbreds (flat racing, steeplechasing or jump racing), American Quarter Horses (incidence of 50–75%), Standardbreds (incidence of 40–60%), Arabians, and Appaloosas. EIPH also occurs in eventers, jumpers, polo ponies, endurance horses, draft horses that pull competitively, and horses taking part in Western speed events such as barrel racing, reining and... eee2249baa

Cough Coughing The sound of a person coughing. As a protective reflex, coughing can be repetitive with the cough reflex following three phases: an inhalation, a forced exhalation against a

closed glottis, and a violent release of air from the lungs following opening of the glottis, usually accompanied by a distinctive sound. See media help. Coughing into one's elbow or toward the ground—rather than forward at breathing height—can reduce the spread of infectious droplets in the air. Problems playing this file. A cough is a sudden expulsion of air through the large breathing passages which can help clear them of fluids, irritants, foreign particles and microbes eee2249baa

Kennel cough 7% of cases), and to a lesser extent canine coronavirus (9. It is highly contagious; however, adult dogs may display immunity to reinfection even under constant exposure. The incubation period is 5–7 days (with a range of 3–10). There are multiple causative agents, the most common being the bacterium *Bordetella bronchiseptica* (found in 78. pneumonia. 8% of cases). Kennel cough is so named because the infection can spread quickly among dogs in the close quarters of a kennel or animal shelter. 7% of cases in Southern Germany), followed by canine parainfluenza virus (CPiV; 37. Symptoms can include a harsh, dry cough, retching, sneezing, snorting, gagging or vomiting Kennel cough (also "canine infectious respiratory disease" (CIRD), "canine infectious respiratory disease complex" (CIRDC) or "canine infectious tracheobronchitis" (CIT)) is an upper respiratory infection affecting dogs eee2249baa

Bronchitis The infection then makes its way down to the bronchi. Symptoms include coughing up sputum, wheezing, shortness of breath, and chest pain. Bronchitis usually begins as an infection in the nose, ears, throat, or sinuses. Bronchitis can be acute or chronic. anti-inflammatory drugs (NSAIDs) to help with the fever. Chronic bronchitis is defined as a productive cough – one that produces sputum – that lasts for Bronchitis is inflammation of the bronchi (large and medium-sized airways) in the lungs that causes coughing eee2249baa

Exercise-induced pulmonary hemorrhage Horses that experience EIPH may also be referred to as "bleeders" or as having "broken a blood vessel". EIPH is common in horses undertaking intense exercise, but it has also been reported in human athletes, racing camels and racing greyhounds. A definitive diagnosis Exercise-induced pulmonary hemorrhage (EIPH), also known as "bleeding" or a "bleeding attack", is the presence of blood in the airways of the lung in association with exercise. swallowing and coughing in the immediate post-exercise recovery period, and poor appetite post-performance may be suggestive of EIPH. In the majority of cases, EIPH is not apparent unless an endoscopic examination of the airways is performed following exercise. This is distinguished from other forms of bleeding from the nostrils, called epistaxis eee2249baa

Suppression order a type of censorship where a court rules that certain information cannot be published eee2249baa It might be expected that people with EIB would present with shortness of breath, and/or an elevated respiratory rate and wheezing, consistent with an asthma attack. However, many will present with decreased stamina, or difficulty in recovering from exertion compared to team members, or paroxysmal coughing from an irritable airway. Similarly, examination may reveal wheezing and prolonged expiratory phase, or may be quite normal. Consequently, a potential for under-diagnosis exists. Measurement of airflow, such as peak expiratory flow rates, which can be done inexpensively on the track or sideline, may prove helpful. In athletes, symptoms of bronchospasm such as chest discomfort, breathlessness, and fatigue are often falsely attributed to the individual being out of shape, having asthma, or possessing a hyperreactive airway rather than EIB. eee2249baa == Laws == eee2249baa Frequent coughing usually indicates the presence of a disease. Many viruses and bacteria benefit, from an evolutionary perspective, by causing the host to cough, which helps to spread the disease to new hosts. Irregular coughing is usually caused by a respiratory tract infection but can also be triggered by choking, smoking, air pollution, asthma, gastroesophageal reflux disease, post-nasal drip, chronic bronchitis, lung tumors, heart failure and medications such as angiotensin-converting-enzyme inhibitors (ACE inhibitors) and beta blockers. eee2249baa Well over 200 virus strains are implicated in causing the common cold, with enteroviruses (especially rhinoviruses), coronaviruses, and adenoviruses being the most common. They spread through the air or indirectly through contact with objects in the environment, followed by transfer to the mouth or nose. Risk factors include going to child care facilities, not sleeping well, and psychological stress. The symptoms are mostly due to the body's immune response to the infection rather than to tissue destruction by the viruses themselves. The symptoms... eee2249baa Acute bronchitis usually has a cough that lasts around three weeks, and is also known as a chest cold. In more than 90% of cases, the cause is a viral infection. These viruses may be spread through the air when people cough or by direct contact. A small number of cases are caused by a bacterial infection such as *Mycoplasma pneumoniae* or *Bordetella pertussis*. Risk factors include exposure to tobacco smoke, dust, and other air pollution. Treatment of acute bronchitis typically involves rest, paracetamol (acetaminophen), and nonsteroidal anti-inflammatory drugs (NSAIDs) to help with the fever. eee2249baa

Exercise-induced bronchoconstriction Consequently, a Exercise-induced bronchoconstriction (EIB) occurs when the airways narrow as a result of exercise. This condition has been referred to as exercise-induced asthma (EIA); however, this term is no longer preferred. While exercise does not cause asthma, it is frequently an asthma trigger. Similarly, examination may reveal wheezing and prolonged expiratory phase, or may be quite normal. coughing from an irritable airway eee2249baa

== Cause == eee2249baa Chronic bronchitis is defined as a productive cough – one that produces sputum – that lasts for three months or more per year for at least two years. Many people with chronic bronchitis also have chronic obstructive pulmonary disease (COPD... eee2249baa

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