

Muscle Spasm In Back

The quadratus lumborum muscles originate from the wings of the ilium; their insertions are on the transverse processes of the upper four lumbar vertebrae plus the lower posterior border of the twelfth rib. Contraction of one of the pair of muscles causes lateral flexion of the lumbar spine, elevation of the pelvis, or both. Contraction of both causes extension of the lumbar spine. c2d959c03c The earliest known use of muscle relaxant drugs was by natives of the Amazon Basin in South America who used poison-tipped arrows that produced death by skeletal muscle paralysis. This was first documented in the 16th century, when European explorers encountered it. This poison, known... c2d959c03c Stress aggravates the symptoms c2d959c03c The symptoms can be mimicked by pushing on the cartilage in the neck, just below the Adam's apple c2d959c03c Symptoms normally worse in the evening c2d959c03c == Structure == c2d959c03c Symptoms can persist for very long periods, often several months. c2d959c03c The definition of a cramp is narrower than that of a muscle spasm: spasms include any involuntary abnormal muscle contractions, while cramps are sustained and painful. True cramps can be distinguished from other cramp-like conditions. Cramps are different from muscle contracture, which is also painful and involuntary, but which is electrically silent. The main distinguishing features of cramps from dystonia are suddenness with acute onset of... c2d959c03c == Structure == c2d959c03c The muscle is named via Latin, from Greek γαστήρ (gaster) 'belly' or 'stomach' and κνήμη (knēmē) 'leg', meaning 'stomach of the leg' (referring to the bulging shape of the calf). c2d959c03c

Levator ani nerve. Levator ani syndrome is episodic rectal pain caused by spasm of the levator ani muscle. Left levator ani seen from within Coronal section through c2d959c03c

== History == c2d959c03c == Structure == c2d959c03c

Meige's syndrome Blepharospasm may lead to embarrassment in social situations. Some Meige's patients also have "laryngeal dystonia" (spasms of the larynx). the platysma muscle

Gastrocnemius muscle It is located superficial to the soleus in the posterior (back) compartment The gastrocnemius muscle (plural gastrocnemii) is a superficial two-headed muscle. It is located superficial to the soleus in the posterior (back) compartment of the leg. gastrocnemius muscle (plural gastrocnemii) is a superficial two-headed muscle. It runs from its two heads just above the knee to the heel, extending across a total of three joints (knee, ankle and subtalar joints)

Skeletal muscle cramp While generally temporary and non-damaging, they can cause significant pain and a paralysis-like immobility of the affected muscle. They are also often associated with pregnancy, physical exercise or overexertion, and age (common in older adults); in such cases, cramps are called idiopathic because there is no underlying pathology. definition of a cramp is narrower than that of a muscle spasm: spasms include any involuntary abnormal muscle contractions, while cramps are sustained and A cramp is a sudden, involuntary, painful contraction of one or more skeletal muscles, or an overshortening of such associated with electrical activity. A cramp usually goes away on its own over several seconds or (sometimes) minutes. Cramps are common and tend to occur at rest, usually at night (nocturnal leg cramps). In addition to those benign conditions, cramps are also associated with many pathological conditions

Throat feels swollen == Signs and symptoms ==

Quadratus lumborum muscle referred to as a back muscle. Each muscle of the pair is an irregular quadrilateral in shape, hence the name. The quadratus lumborum muscles originate from The quadratus lumborum muscle, informally called the QL, is a paired muscle of the left and right posterior abdominal wall. It is the deepest abdominal

muscle, and commonly referred to as a back muscle. Each muscle of the pair is an irregular quadrilateral in shape, hence the name

Saliva is difficult to swallow, yet food is easy to swallow - eating, in fact, often makes the tightness go away for a time

Muscle relaxant Neuromuscular blockers act by interfering with transmission at the neuromuscular end plate and have no central nervous system (CNS) activity. Spasmolytics, also known as "centrally acting" muscle relaxants, are used to alleviate musculoskeletal pain and spasms and to reduce spasticity in a variety of neurological conditions. The term "muscle relaxant" is used to refer to two major therapeutic groups: neuromuscular blockers and spasmolytics. While both neuromuscular blockers and spasmolytics are often grouped together as muscle relaxants, the term is commonly used to refer to spasmolytics only. They are often used during surgical procedures and in intensive care and emergency medicine to cause temporary paralysis. It may be used to alleviate symptoms such as muscle spasms, pain, and hyperreflexia. The term "muscle relaxant" is used to refer to two major therapeutic A muscle relaxant is a drug that affects skeletal muscle function and decreases the muscle tone. may be used to alleviate symptoms such as muscle spasms, pain, and hyperreflexia

Sensation of a 'lump' in the back of the throat

Muscle contraction In physiology, muscle contraction does not necessarily mean muscle. Muscle contraction is the activation of tension-generating sites within muscle cells

Cricothyroid muscle They draw up the arch of the cricoid cartilage and tilt back the upper border The cricothyroid muscle is the only tensor muscle of the larynx aiding with phonation. Its action tilts the thyroid cartilage forward to help tense the vocal cords, thus increasing the pitch of the voice. It is innervated by the superior laryngeal

nerve. The cricothyroid muscle produces tension and elongation of the vocal cords c2d959c03c

'Lump' sensation comes and goes from day to day c2d959c03c
Discomfort - Lump can often feel quite big and pain is occasional c2d959c03c

Cricopharyngeal spasm Cricopharyngeal spasm is an uncomfortable but harmless and temporary disorder
Cricopharyngeal spasms occur in the cricopharyngeus muscle of the pharynx. Cricopharyngeal spasm is an uncomfortable but harmless and temporary disorder. Cricopharyngeal spasms occur in the cricopharyngeus muscle of the pharynx c2d959c03c

The cricothyroid muscle is a fan-shaped muscle situated at the outer surface of the larynx. c2d959c03c The quadratus lumborum muscle originates by aponeurotic fibers into the iliolumbar ligament and the internal lip of the iliac crest for about 5 centimetres (2.0 in). It inserts from the lower border of the last rib for about half its length and by four small... c2d959c03c

Psoas major muscle spine will stretch the psoas. Tightness of the psoas can result in spasms or lower-back pain by compressing the lumbar discs. Alternatively inflammation c2d959c03c

A disorder of the quadratus lumborum muscles is pain due to muscle fatigue from constant contraction due to prolonged sitting, such as at a computer or in a car. Kyphosis and weak gluteal muscles can also contribute to the likelihood of quadratus lumborum pain. c2d959c03c

https://lb1-s245-pub.pressidium.com/^q/short/url?PDF=what_i_s-gpt_ai_generative-pre-trained_transformer
https://lb1-s245-pub.pressidium.com/=v/journal/go?EPUB=cottage_cheese-is_good_for_you
https://lb1-s245-pub.pressidium.com/~e/doc/mirror?MD=al_hilah_babil-province_iraq
https://lb1-s245-pub.pressidium.com/@k/chap/upload?TEXT=face_exercise_for-chubby_cheeks

[https://lb1-s245-pub.pressidium.com/\\$d/edu/visit?PAGE=present_time_in-texas-houston](https://lb1-s245-pub.pressidium.com/$d/edu/visit?PAGE=present_time_in-texas-houston)
https://lb1-s245-pub.pressidium.com/=f/ref/url?PPT=pictures_of-bed_bug_bites
https://lb1-s245-pub.pressidium.com/_u/short/file?PAGE=royal_devon_and_exeter-nhs_foundation_trust
https://lb1-s245-pub.pressidium.com/~d/pub/url?PPT=litchi_fruit-in-kannada
https://lb1-s245-pub.pressidium.com/~w/edu/list?PPT=how_much_epsom_salt_in_a-bath
[https://lb1-s245-pub.pressidium.com/\\$h/ebook/link?PDF=antidote_for_mercury_poisoning](https://lb1-s245-pub.pressidium.com/$h/ebook/link?PDF=antidote_for_mercury_poisoning)
https://lb1-s245-pub.pressidium.com/-l/play/data?BOOK=para-que-sirve-el_suero_vitaminado
https://lb1-s245-pub.pressidium.com/+p/edu/list?RTF=pantop_40_side-effects