

World 100 Metres Record

As of 21 June 2011, the IAAF has ratified 67 records in the event, not including rescinded records. ef20e320a5 == Records 1922-1976 == ef20e320a5 The following table shows the world record progression in the men's 4 × 100 metre relay, as ratified by the IAAF. "y" denotes time for 4 × 110 yards (402.34 m), ratified as a record for this event. ef20e320a5

Men's 100 metres world record progression first world record in the 100 metres for men (athletics) was recognised by the International Amateur Athletics Federation, now known as World Athletics The first world record in the 100 metres for men (athletics) was recognised by the International Amateur Athletics Federation, now known as World Athletics, in 1912 ef20e320a5

100 metres hurdles The first hurdle is placed after a run-up of 13 metres from the starting line. 36 yd). are placed along a straight course of 100 metres (109. The next 9 hurdles ef20e320a5

== Records 1912-1976 == ef20e320a5 == Unofficial progression before the IAAF == ef20e320a5

2019 World Athletics Championships - Men's 100 metres The men's 100 metres at the 2019 World Athletics Championships was held at the Khalifa International Stadium in Doha on 27 to 28 September 2019. The semi-finals ef20e320a5

Women's 100 metres world record progression The FSFI was absorbed by the International Association of Athletics Federations (IAAF) in 1936. 49 seconds set by Florence Griffith Joyner in 1988. The FSFI was absorbed The first world record in the 100 metres for women was recognised by the Fédération Sportive Féminine Internationale (FSFI) in 1922. The first world record in the 100 metres for women was recognised by the Fédération Sportive Féminine Internationale (FSFI) in 1922. The current record is 10 ef20e320a5

Women's 4 × 100 metres relay world record progression world record in the women's 4 × 100 metres relay was recognised by the International Association of Athletics Federations in 1922. 45 world records have The first world record in the women's 4 × 100 metres relay was recognised by the International Association of Athletics Federations in 1922 ef20e320a5

The first Olympic champions were Thomas Burke in the men's category and, 32 years later, Betty Robinson in the women's category. The Olympic records for the event are 9.63 seconds, set by Usain Bolt in 2012, and 10.61 seconds, set by Elaine Thompson-Herah in 2021. The world records for the event have been equalled or broken during the Olympics on seven occasions in the men's category and on twelve occasions in the women's. ef20e320a5 To June 21, 2009, the IAAF has ratified 35 world records in the event. ef20e320a5 On an outdoor 400-metre running track, the 100 m is held on the home straight, with the start usually being set on an extension to make it a straight-line race. There are three instructions given to the runners immediately before and at the beginning of the race: "on your marks", "set", and the firing of the starter's pistol. The runners move to the starting blocks when they hear the "on your marks" instruction. The following instruction, to adopt the "set" position, allows them to adopt a more efficient starting posture and isometrically preload their muscles: this will help them to start faster. A race-official then fires the starter's pistol to signal the race beginning and the sprinters stride forwards from the blocks. Sprinters typically reach top speed after somewhere between 50 and 60 m. Their speed then slows... ef20e320a5

100 metres at the Olympics It is the most prestigious 100 metres race at an elite level and is the shortest sprinting competition at the Olympics - a position it has held at every edition except for a brief period between 1900 and 1904, when a men's 60 metres was contested. The men's 100 metres has been present on the Olympic athletics programme since 1896. The 100 metres is considered one of the blue ribbon events of the Olympics and is among the highest profile competitions at the games. The 100 metres at the Summer Olympics has been contested since the first edition of the multi-sport event. The men's 100 metres has been present on the The 100 metres at the Summer Olympics has been contested since the first edition of the multi-sport event ef20e320a5

100 metres It has been contested at the Summer Olympics since 1896 for men and since 1928 for women. 36 yd) The 100 metres, or 100-meter dash, is a sprint race in track and field competitions. The 100 metres, or 100-meter dash, is a sprint race in track and field competitions. The inaugural World Championships were in 1983. 36 yd) dash is one of the most popular and prestigious events in the sport of athletics. The shortest common outdoor running distance, the 100-metre (109. The shortest common outdoor running distance, the 100-metre (109 ef20e320a5

2019 World Athletics Championships - Women's 100 metres The women's 100 metres at the 2019 World Athletics Championships was held at the Khalifa International Stadium in Doha, Qatar, on 28 to 29 September 2019 ef20e320a5

To June 21, 2009, the IAAF (and the FSFI before it) have ratified 43 world records in the event. ef20e320a5 Among the competing nations, the United States has had the most success in this event, having won sixteen golds in the men's race and nine in the women's race. Usain Bolt of Jamaica has won three consecutive... ef20e320a5 45 world records have been ratified by the IAAF in the event. The following table shows the world record progression in the women's 4 × 100 metre relay, as ratified by the IAAF. "y" denotes time for 4 × 110 yards (402.34 m), ratified as a record for this event. ef20e320a5 == Records 1922-1976 == ef20e320a5

1991 World Championships in Athletics - Men's 100 metres Championships 100 metres (Split) 1992 Men's Olympic 100 metres (Barcelona) 1993 Men's World Championships 100 metres (Stuttgart) Results 100 METRES - Men - ef20e320a5

Men's 4 × 100 metres relay world record progression first world record in the 4 × 100 metres relay for men (athletics) was recognized by the International Amateur Athletics Federation, now known as World Athletics The first world record in the 4 × 100 metres relay for men (athletics) was recognized by the International Amateur Athletics Federation, now known as World Athletics, in 1912 ef20e320a5

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